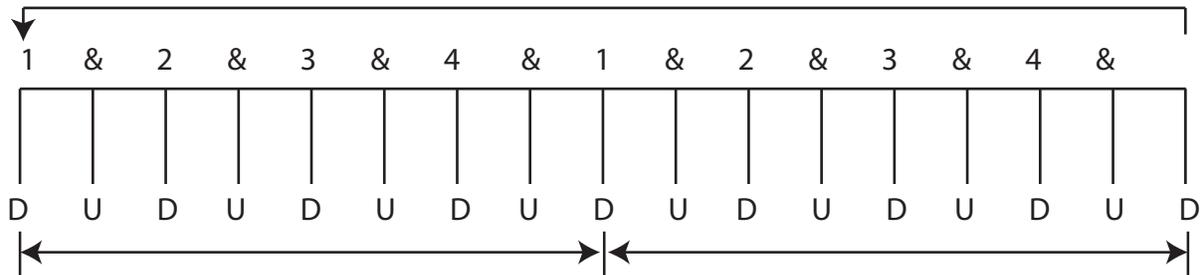
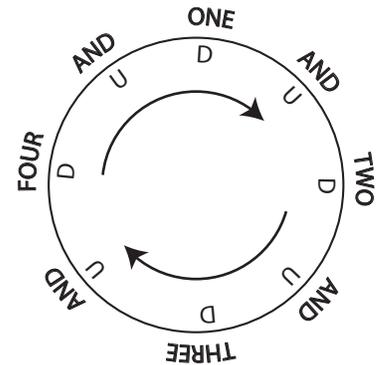


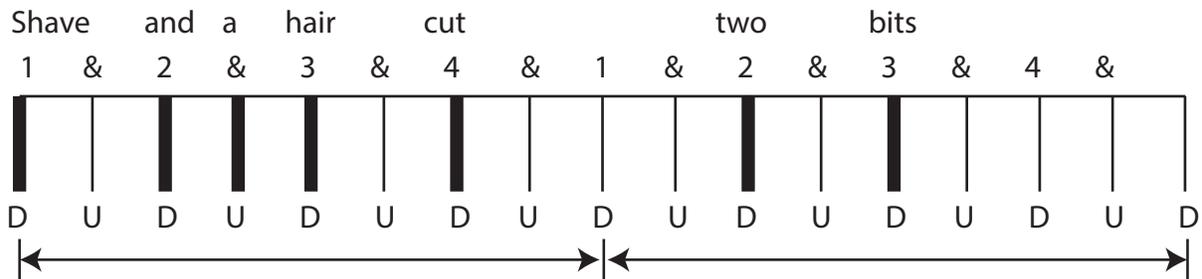
# Strums!



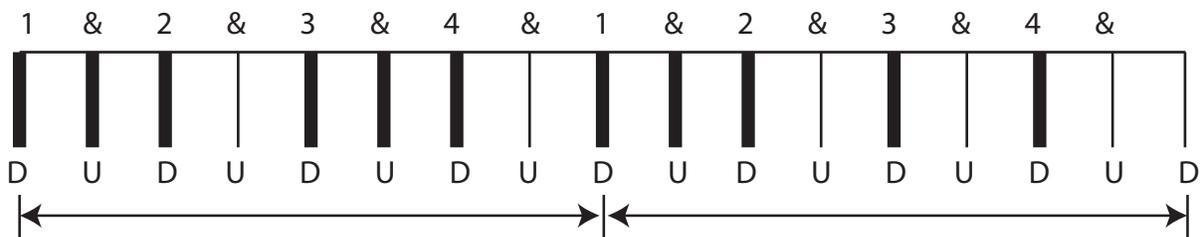
Strum down on a number and strum up on “and”. We’re going to count to 4 with an “and” in between each number. Don’t forget the “and” between 4 and 1, and that the time between each up-and-down strum is exactly the same. *Once we can count the rhythm though we can change this as much as we want!*



Counting rhythms are difficult for some people, but if you can get the basic premise, there isn’t anything you can’t play rhythmically! Try the two exercises below



Who was that masked man?



Pick a song you know quite well- perhaps a holiday song- and chart out a simple strumming pattern for it. If you’re feeling adventurous, try charting out the syllabic rhythm of the lyrics. For instance, how about: “You better watch out, you better not cry...”